

# Get Out There and E- Safety Tips





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# Enjoy the internet safely Click Clever, Click Safe

## Online friends can be strangers...

Remember that people online may not be who they say they are.

#### Identity theft...

You would not give out your personal details to just anyone so when you use any social media, use a nickname instead of your real name.

#### Don't share personal information online...

Don't put your postcode, school or phone number where strangers can find it.

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#### Your privacy...

ZIP IT

## Make sure you have set your privacy settings to restrict access to personal information.

## Nasty messages...

Block people who send you nasty messages and don't open unknown links and attachments.

#### Stranger emails...

Always delete emails from people you don't know, and don't open attachments from people you don't know. They might be nasty or contain a virus that could stop your computer working.

## Cyber bullying...

If you start to get annoying, nasty, rude texts or messages remember



#### don't reply but keep a record.

Speak to someone you trust...

If you are worried or unhappy about anything you see online, tell a parent or an adult you trust and they can help you.

Stay safe and enjoy the internet!





Want to try something new?

# Bored and fed up?

Have a look at the get Ut there website and see what activities are happening in your local area.

## Like us on

www.facebook.co.uk/young durham

For more information on e-safety:

## Do you have an iPhone?

You can now download our getoutthere APP by visiting

www.getoutthere.info

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www.connectsafely.org www.thinkuknow.co.uk www.childnet-int.org www.ceop.gov.uk



