

Monday 15th January

Faith ~ Excellence ~ Determination

Peace





Mission Statement

With the Lord's help, we are united in **faith**, we strive for success and **excellence**, we are **determined** to be the best that we can be.

Faith ~ Excellence ~ Determination





We take a few moments of stillness to ready our hearts and minds.



Opening Prayer

As we gather this morning, we ask the Lord to be with us as we begin a new week.

God of peace.

We pray for peace around the world.

Where there is hatred, sow seeds of calm.

Where there is destruction, help us to rebuild.

Where children are crying, bring an end to tears.

Shelter your peoples and protect them.

Guide them and keep them from harm.

Amen.



This weeks theme is Peace. Peace can mean different things to different people. Some may feel that peace is the absence of noise. Some may feel that it is the absence of fighting or conflict.

This week you will hear reflections based on scripture and hopefully by the end of this week you will be able articulate what peace means to you.



Reading: John 14:27 - A reading from John

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

Reflection

This short reading occurred just Jesus was crucified. It tells us that Jesus left us the gift of peace and that if we put our trust in God during those times when we are afraid then he will be there to support us. All we have to do is ask.



Tuesday 16th January

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Opening Prayer

As we gather this morning, we ask the Lord to be with us as we begin a new day.

Hail Mary, full of grace, The Lord is with thee; Blessed art thou amongst women and blessed is the fruit of thy womb Jesus.

Holy Mary, Mother of God, Pray for us sinners, now and at the hour of our death.

Amen



Reading: John 16: 33 - A reading from John

I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world."

The Word of the Lord
Thanks be to God

Reflection:

In the reading today the message from John is about the inner peace Jesus felt before he was crucified. Tribulation means a great state of great trouble or suffering. Jesus would suffer on the cross but because of this suffering he would fulfil scripture and as a result his followers who rely on him when faced with tribulation themselves would also be able to overcome this when they put their trust in God.





Wednesday 17th January

Faith ~ Excellence ~ Determination

Peace





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Faith ~ Excellence ~ Determination





Let us put ourselves in the presence of God as we make the sign of the cross.



Opening Prayer

As we gather this morning, let us pray together the prayer Our Father taught us:

Our Father, who art in Heaven, hallowed be Thy name; Thy Kingdom come, Thy will be done, On earth as it is in Heaven.

Give us this day our daily bread; and forgive us our trespasses.

As we forgive those who trespass against us; and lead us not into temptation, But deliver us from evil

Amen



Reading: - A reading from Romans

May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit

The Word of the Lord Thanks be to God.

Reflection:

Today's scripture is a passage that shows Jesus' compassion and power to feed a large crowd of people with five loaves and two fish. The passage also teaches us to follow Jesus and seek his word, even in deserted places. Jesus also prepares his disciples for His second coming, when he will provide abundant food for His people and fulfil God's will.





Thursday 18th January 2024

Faith ~ Excellence ~ Determination

Peace





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With the Lord's help, we are united in faith, we strive for success and excellence, we are determined to be the best that we can be.

Faith ~ Excellence ~ Determination





We take a few moments of stillness to ready our hearts and minds.



Reading: Matthew 5:9

A reading from Matthew

Blessed are the peacemakers, for they shall be called sons of God.

The word of the Lord
Thanks be to God

Reflection:

This short scripture passage focuses on helping others to make peace when they have argued and fallen out with one another. When we do this we are showing that we are worthy citizens of God's kingdom because we are standing up against any potential wrongdoing whilst at the same time showing an understanding that God wanted us to live in harmony with one another.



Friday 19th January 2024

Faith ~ Excellence ~ Determination

Peace





Let us begin our day together in the presence of the Lord.

This week you have listened to scripture readings which were all based on the meaning of peace.

For a moment, think about the messages that you have been given and think about how you can be a peacemaker in today's world.

What can you do to be a peacemaker today?



Prayers of the Faithful

Let us pray for our own homes, our families, our parish community; that the grace and peace Christ came to bring may reign over us, so that the stranger may find welcome and those hurting may find comfort in our company.

Lord in your Mercy, Hear our Prayer

Let us pray for an end to violence as a solution to human conflict: We pray especially for a negotiated end to the war between Russia and Ukraine, and the many forgotten ongoing conflicts of today in Yemen, Myanmar, Afghanistan, Ethiopia and Iran.

Lord in your Mercy, Hear our Prayer



Let us pray for all who work, whether locally or internationally, for peace and justice; for all who will not be silent in the face of injustice or suffering; for all who take risks for peace. We ask God's blessing today especially on the work of the international Catholic peace movement,

Lord in your Mercy, Hear our Prayer

We pray for ourselves, that we may find peace in our everyday lives, with those we meet and with those who we find it difficult to get along with.

Lord in your Mercy, Hear our Prayer

During a moment of silence we place our personal or private intentions before the Lord.



Closing prayer

Dear Lord, We pray for peace around the world. Where there is hatred, sow seeds of calm.

Where there is destruction, help us to rebuild. Where children are crying, bring an end to tears.

Shelter your peoples and protect them. Guide them and keep them from harm.

Amen.

St Bede, Pray for us

