



St. Bede's Catholic School &  
Byron Sixth Form College

Monday 22<sup>nd</sup> January

**Faith ~ Excellence ~ Determination**

Word of God/Unity



St. Bede's Catholic School &  
Byron Sixth Form College



St. Bede's Catholic School &  
Byron Sixth Form College

# Mission Statement

With the Lord's help, we are united in **faith**, we strive for success and **excellence**, we are **determined** to be the best that we can be.

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Byron Sixth Form College



St. Bede's Catholic School &  
Byron Sixth Form College

We take a few moments of stillness to ready our hearts and minds.

In the name of the Father and of the Son and of the Holy Spirit. Amen



St. Bede's Catholic School &  
Byron Sixth Form College

# Opening Prayer

As we gather this morning, we ask the Lord to be with us as we begin a new week.

*We thank you for the gift of your holy word.  
May it be a lantern to our feet, a light to our  
paths and strength to our lives.*

*Take us and use us to love and serve all people  
in the power of the Holy Spirit and in the  
name of your Son Jesus Christ our Lord.*

*Amen.*



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This weeks theme is Word of God / Unity. When we read or listen to Scripture of prayers we hear God's Word. This week we will look at four readings in which we hear God's word. Each one has a different message. We will look at readings based on the Character of God, God's word that comes through the Holy Spirit, Our response to God and who we are because of him and a reading about God's character.

This week you will hear reflections based on scripture and hopefully by the end of this week you will be able to make links between the Scripture and the individual message for yourself.



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Reading: A reading from Matthew 7: 24-25

So, then, anyone who hears these words of mine and acts accordingly is like a wise man who built his house on rock. The rain poured, the rivers flooded, and the wind blew against that house, but it did not collapse because it was built on rock.

The Word of the Lord  
**Praise to you Lord Jesus Christ**

## Reflection

In this reading Jesus teaches us the importance of building your house on solid ground. We are all building our lives (houses) on something. We must build our lives on the right foundation—Jesus and His Word. When our lives are built on Jesus, the solid rock, we will remain strong no matter what difficulties we may face (storms).



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In the name of the Father and  
of the Son and of the Holy  
Spirit. Amen



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Tuesday 23<sup>rd</sup> January

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# Opening Prayer

As we gather this morning, we ask the Lord to be with us as we begin a new day.

**Hail Mary, full of grace, The Lord is with thee;  
Blessed art thou amongst women and blessed is  
the fruit of thy womb Jesus.**

**Holy Mary, Mother of God, Pray for us sinners,  
now and at the hour of our death.**

Amen



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Reading: A reading from Matthew 28: 18-20

Then Jesus approached them and said, "I have been given all authority in heaven and on earth. Go, therefore and make disciples from all nations. Baptise them in the name of the Father and of the Son and of the Holy Spirit and teach them to fulfil all that I have commanded you. I am with you always until the end of this world."

The Word of the Lord  
Thanks be to God

## Reflection:

In the reading today the message from Matthew is that Jesus gave his disciples a great commission. He asked them to go out and make disciples of all nations. This commission is not only for the original disciples for a message for all who follow Christ. As Christians, we are called to share the gospel with others, so that they may come to know Christ.



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In the name of the Father and  
of the Son and of the Holy  
Spirit. Amen



St. Bede's Catholic School &  
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Wednesday 24<sup>th</sup> January

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Let us put ourselves in the presence of God as we make the sign of the cross.

In the name of the Father and of the Son and of the Holy Spirit. Amen





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# Opening Prayer

As we gather this morning, let us pray together the prayer Our Father taught us:

**Our Father, who art in Heaven, hallowed be Thy name;  
Thy Kingdom come, Thy will be done, On earth as it is  
in Heaven.**

**Give us this day our daily bread; and forgive us our  
trespasses.**

**As we forgive those who trespass against us; and lead  
us not into temptation, But deliver us from evil**

**Amen**



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Reading: - A reading from Romans 8:26-27

In the same way, the Spirit comes to help us in our weakness, for we do not know how we ought to pray, but the Spirit himself intercedes for us with sighs that words cannot express. And he who searches the hearts knows the desires of the Spirit praying for the holy ones, for he prays according to the will of God.

The Word of the Lord  
Thanks be to God.

Reflection:

In today's scripture, Paul explains that even when a believer in Christ does not have the strength to take another step or pray another prayer, the Holy Spirit continues to intercede of their behalf. So the Spirit is active even when the believer cannot be.



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In the name of the Father and  
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Spirit. Amen



St. Bede's Catholic School &  
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Thursday 25<sup>th</sup> January 2024

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Reading: A reading from Ephesians 4:32

Be kind to one  
another,  
understanding,  
forgiving one another  
as God forgave you in  
Christ.

The word of the Lord  
Thanks be to God

Reflection:

This short verse challenges us to be kind and forgive others regardless of how they treat you. You can't change how someone treats you, but you can choose to respond to them with kindness. The end of this verse tells us that we can do this because God in Christ forgave us.



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Friday 26<sup>th</sup> January 2024

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Let us begin our day together in the presence of the Lord.

In the name of the Father and of the Son  
and of the Holy Spirit. Amen



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This week you have listened to scripture readings which were all focused on the Word of God and the messages within that scripture.

For a moment, think about the messages that were given and try to think about how they relate to you and your everyday life.

Let us join together in prayer.



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# Closing prayer

Lord Jesus, who prayed that we might all be one, we pray to you for the unity of Christians, according to your will, according to your means.

May your Spirit enable us to experience the suffering caused by division, to see our sin and to hope beyond all hope.

Amen

St Bede,  
Pray for us



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In the name of the Father and of  
the Son and of the Holy Spirit.  
Amen