

St Bede's Catholic School

Weekly Theme

Holy Week

27th March - 31st March 2023



The liturgical
colour is Purple

We are in Lent.

Morning Prayer

Jesus, you know what it's like
to feel abandoned
lost and afraid.

Walk with us
And show us how to walk with others,
who live in fear,
who face death
through hunger or war.

Show us how to pray
for those we do not know
and will not meet,
but who are always loved by you.

Walk with us Jesus, Amen.

Amen

Holy Week



Holy Week

<https://www.youtube.com/watch?v=qdrPhxqRP9I>

Lenten Meditation

Lord Jesus, when I am sad and depressed
Help me think of you praying in the garden.

Lord Jesus, when I am fearful
help me to think of you being taken prisoner.

Lord Jesus, when I am ill
help me to think of you being scourged at the pillar.

Lord Jesus, when I have a headache
help me to think of you wearing the crown of thorns.

Lord Jesus, when I am tired
help me to think of you carrying the cross for love of me.

Lord Jesus, when I am humiliated
help me to think of you being stripped of your garments.

Lord Jesus, when I am in pain
help me to think of you being nailed to the cross.

Lord Jesus, when I am lonely
help me to think of you hanging on the cross.

Lord Jesus, when I am dying
Help me to think of you dying on the cross for love of me.

Lord Jesus, help me to remember
how much you suffered for love of me
and help me to love you more and more.

Amen.