

St Bede's Catholic School

Weekly Theme

Theme - Hope

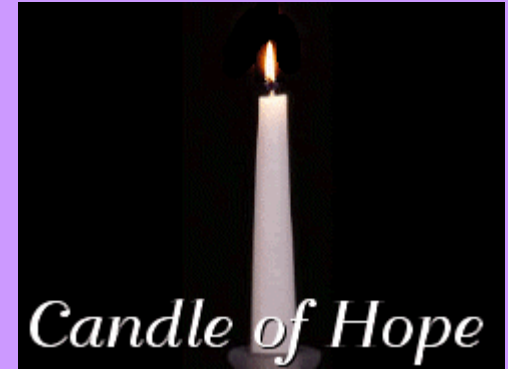
28th November - 2nd December 2022



The liturgical
colour is Purple.

First Sunday of Advent – Hope Candle

The first candle symbolises Hope – the anticipation of Hope in the coming of the Lord Jesus Christ.



<https://www.youtube.com/watch?v=H71l8Nyn25k>

How can you spread hope this Christmas?

Pray for peace

Smile and be patient

Give someone a heartfelt compliment

Donate to a charity that is important to you

Brighten the day for a friend in need

Show appreciation to those who help to make your life easier.

The Jar of Hope:

This week, think about the things that make you hopeful in these hard times. Find an empty jar and decorate it as your Jar of Hope. You could use the template on the website.

Write down the things that you are missing doing at the moment and put them in the jar. This way, once the current crisis passes, you can look in your Jar of Hope and celebrate and appreciate being able to do things again.



"All it takes is one good person to restore hope."

Pope Francis



Inspired by your
Jar of Hope?

Design a poster with
things that make you
hopeful!

Find more resources at
[cafod.org.uk/primary](https://www.cafod.org.uk/primary)

If you want to
share your work,
find CAFOD on
[Facebook](#) and
[Twitter](#).