

St Bede's Catholic School

Weekly Reflection

The Father revealed in the Son

12<sup>th</sup> June - 16<sup>th</sup> June 2023



The liturgical  
colour is **GREEN**

We are in the  
**ORDINARY Time**

Jesus said, "I am the living bread which has come down from heaven. Those who eat this bread will live forever. Now the bread which I will give is my flesh, and I will give my flesh for the life of the world. Those who eat the bread which is my flesh have eternal life now, and I will raise them up on the last day. My flesh is true food; my blood is true drink. Those who eat my flesh and drink my blood live in me and I live in them. So my flesh is the bread which comes down from heaven. It is not like the bread which our ancestors once ate in the desert - they died, but those who eat this bread will live forever."

John 6:51-58



Gospel Reflection:

If we really think about this Gospel, we could almost be thinking that by eating the flesh and drinking the blood we are becoming cannibals.

What this Gospel is telling us is that we take Christ's body and blood into our mouths, through the bread and wine during the Eucharist at Mass.

This goes into our stomachs, into our bodies, so that Christ remains in us and we remain in Christ. As we eat and drink, Christ moves us closer to himself.

Christ moves us closer to the very life of God. Christ moves us closer to himself, so close that we are as intimate with Jesus as the Father is with the Son.

Let us end our week together thinking about the sacrifice that Jesus made for us and remembering that he is truly present in our lives:

The response is - **Hear our prayer**

Leader: With gratitude for the gift of the Eucharist, which strengthens and renews us, we turn to the Father with our prayers and petitions:

For the Church, that all who lead us and guide us in our faith will help us to live as the one Body of Christ, growing ever closer to Jesus.

Lord in your mercy

**Hear our prayer**

For world leaders, that they will always strive to satisfy the human hunger for peace and justice.

Lord in your mercy

**Hear our prayer**

For all who are in need, that richer peoples and nations will share their bread and wealth with those who are poor.

Lord in your mercy

**Hear our prayer**

For the Jewish people, the first to hear the promises of God, that they may be faithful to the covenant they received and obedient to the commands of God.

Lord in your mercy

**Hear our prayer**

For our parishes and for all who hunger for meaning and purpose in their lives, that our needs will be satisfied by turning to Jesus, the living bread.

Lord in your mercy

**Hear our prayer**

For all who are sick, or suffering in any way, that they will be comforted by the ever-present love of our Lord.

Lord in your mercy

**Hear our prayer**