

St Bede's Catholic School

Daily Reflections and Prayers

Theme - Repentance

13th March - 17th March 2023



The liturgical
colour is Purple

We are in Lent.

Mission Statement

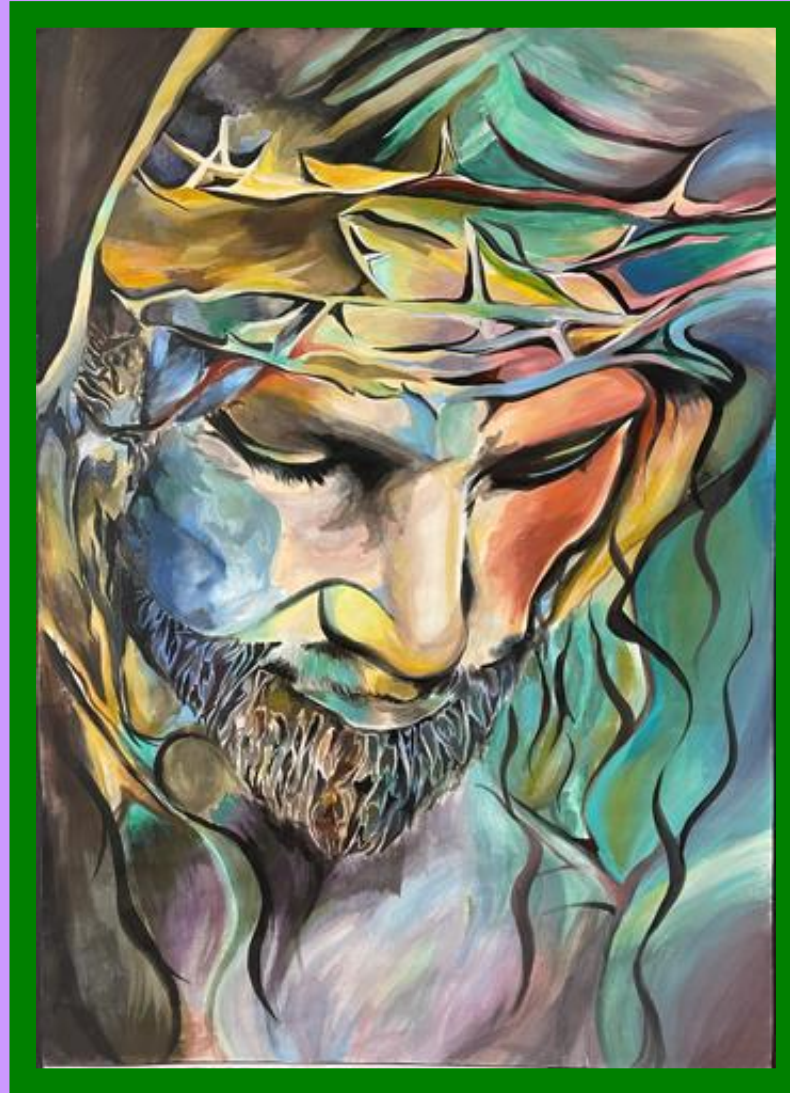
With the Lord's help, we are united in **faith**, we strive for success and **excellence**, we are **determined** to be the best that we can be.

Faith ~ Excellence ~ Determination



St. Bede's Catholic School &
Byron Sixth Form College

Monday 13th March 2023



Morning Prayer

Dear Lord,
You know my heart,
There's nothing I can hide from you.
I have strayed from the path, I have been lured
away.

Heavenly Father restore me the joy of your
salvation that wonderful freedom and joy when I
first came to know you.

Amen

Repentance

Many people think that repent means saying sorry, then doing something to make up for the offence you've caused. This description isn't wrong, but it only explains part of the meaning of repent. The full meaning challenges us to go even further than saying sorry and making amends. It calls us to change our way of thinking. This is where big changes are possible.

The Lord turned around and looked at Peter and he remembered the word that the Lord had spoken, "Before the cock crows today you will have denied me three times." Peter went outside and wept bitterly.

Luke 22: 61,62

Peter's Repentance

This was the turning point in the history of Peter. Prior to this, he was not in a fit state to follow Christ but when he went out and wept bitterly, then came the great change. Christ previously said to him, "When thou art converted, strengthen thy brethren." This is the point where Peter was converted from self to Christ.

In nomine Patris, et Filii et Spiritus Sancti. Amen

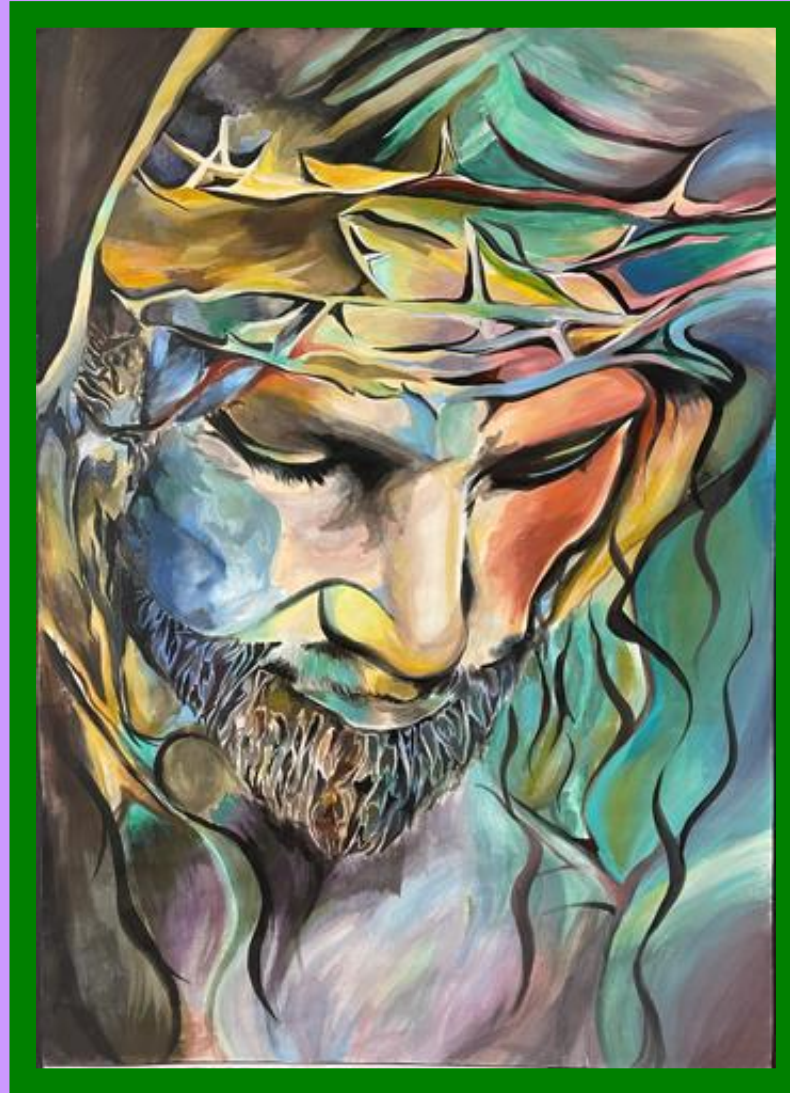
End of Day Prayer

Good Jesus,
by your loving kindness,
enable me to come to you,
the fountain of wisdom,
and to stand forever before your
face,
Amen

Signum Crucis
(The Sign of the Cross in Latin)

St Bede: Pray for us

Tuesday 14th March 2023



Morning Prayer - Gloria

Glory to God in the highest. And on earth peace to men of good will. We praise You. We bless You. We adore you. We glorify You. We give You thanks for Your great glory.

O Lord God, heavenly King, God the Father almighty. O Lord Jesus Christ, the Only-begotten Son. O Lord God, Lamb of God, Son of the Father: you Who take away the sins of the world, have mercy on us.

You Who take away the sins of the world, receive our prayer. You Who sit at the right hand of the Father, have mercy on us.

For you alone are holy. You alone are the Lord. You alone, O Jesus Christ, are most high. Together with the Holy Spirit in the glory of God the Father.

Amen.

Reading/Assembly Day



In nomine Patris, et Filii et Spiritus Sancti. Amen

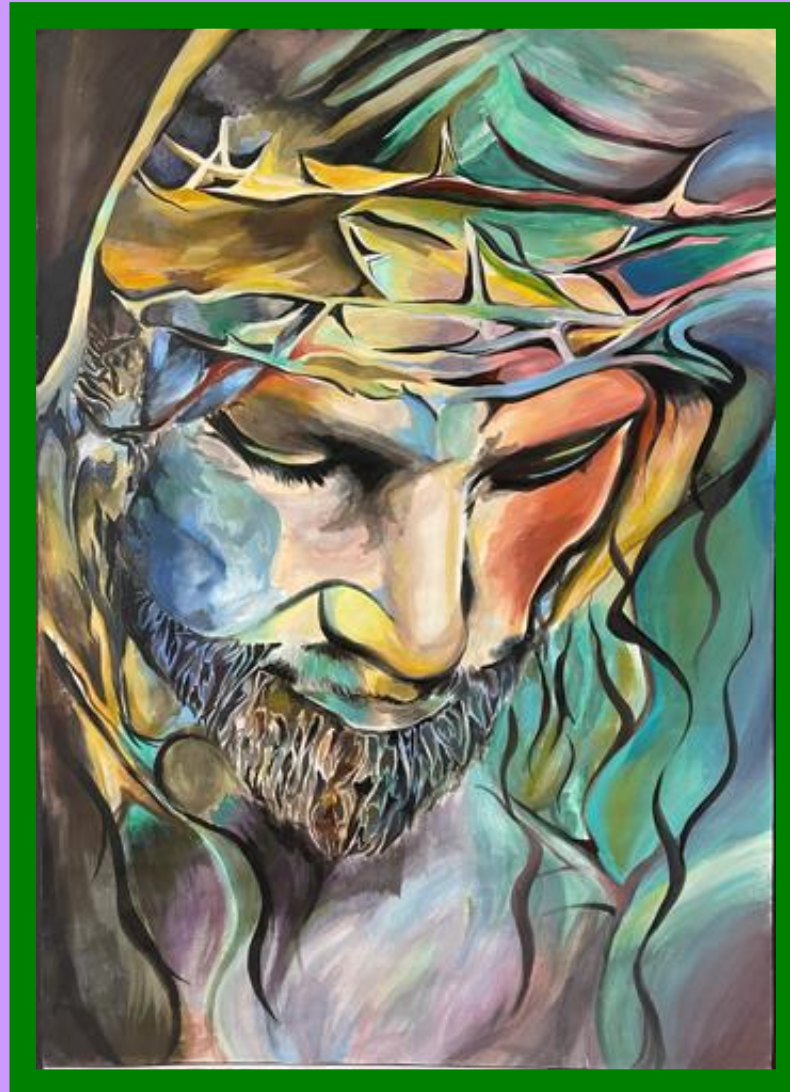
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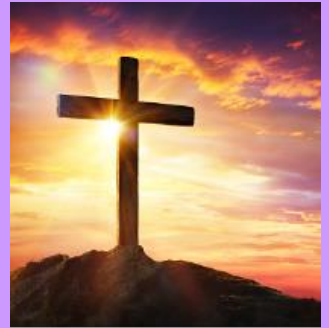
St Bede: Pray for us

Wednesday 15th March 2023



Morning Prayer – The Lord's Prayer

Our Father
Who art in Heaven
Hallowed be Thy name;
Thy Kingdom come,
Thy will be done
On earth as it is in Heaven.
Give us this day our daily bread;
and forgive us our trespasses
As we forgive those
who trespass against us;
and lead us not into temptation,
But deliver us from evil
Amen



Reading/Assembly Day



In nomine Patris, et Filii et Spiritus Sancti. Amen

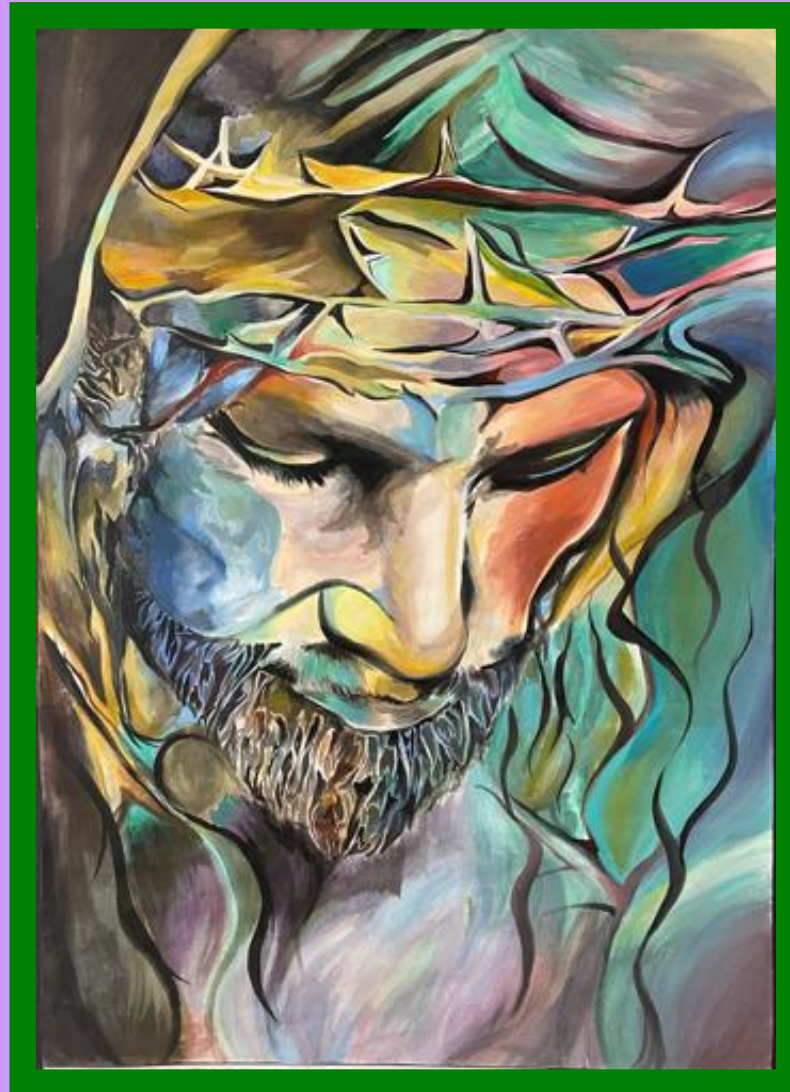
End of Day Prayer

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Amen

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(The Sign of the Cross in Latin)

St Bede: Pray for us

Thursday 16th March 2023



Morning Prayer – Hail Mary

Hail Mary, full of grace,
The Lord is with thee;

Blessed art thou amongst women
And blessed is the fruit of thy womb Jesus.

Holy Mary, Mother of God,
Pray for us sinners, now
and at the hour of our death
Amen



Reading/Assembly Day



In nomine Patris, et Filii et Spiritus Sancti. Amen

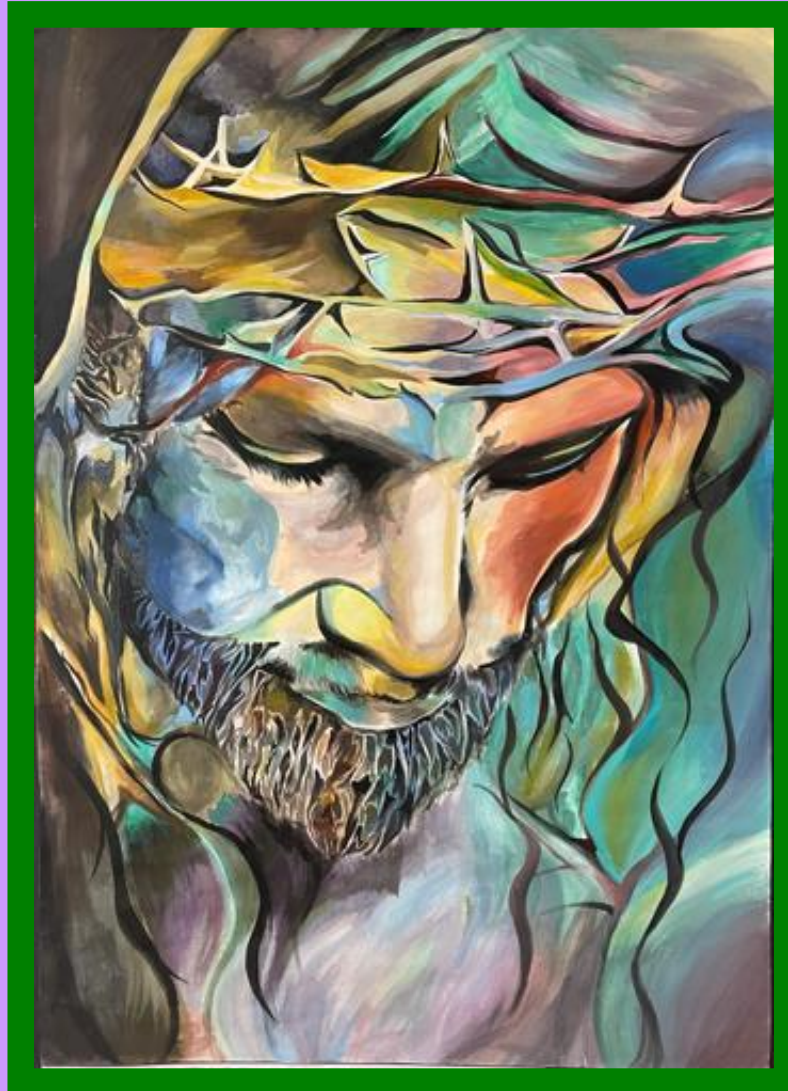
End of Day Prayer

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St Bede: Pray for us

Friday 17th March 2023



Morning Prayer

Let us today think about those times that we have sinned. Together we say the Act of Contrition. We say this prayer to show that you are sorry for the sins that you have carried out.

O, my God,
I am very sorry that I have sinned against
you.

Because you are so good,
I will try not to sin again.

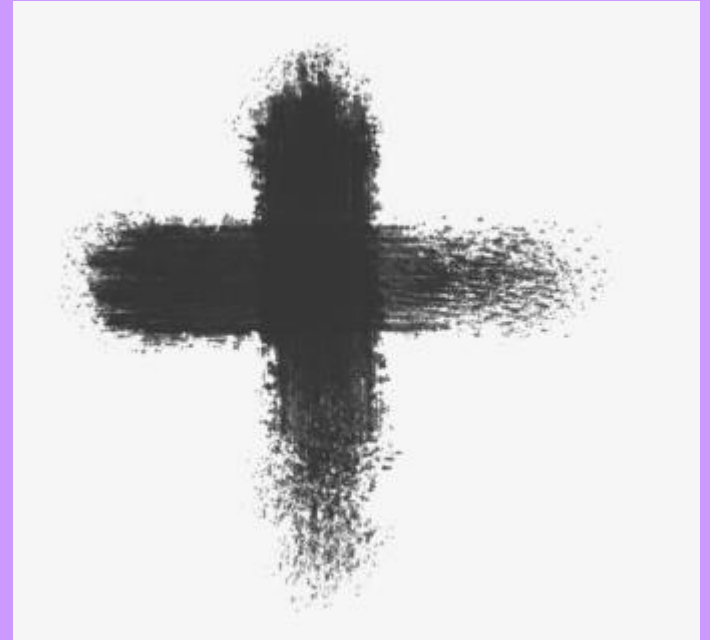
Amen

Repentance

When John the Baptist and Jesus called for repentance they were appealing for us all to:

- Recognise when we fail to show love
- Apologise and make amends and then
- Change the negative thoughts and behaviour that caused us to act without love in the first place.

Now look at the image on the screen: the ash cross Christians receive on Ash Wednesday, the first day of Lent, symbolises to others that we are repentant, but actual repentance takes place behind the symbol, when we change our minds and hearts.



We heard how repent means more than saying sorry and then doing something to make up for the offence you've caused. The full meaning of repentance challenges us to go even further. It calls us to change our negative ways of thinking. If we were to do this, Jesus tells us that it would not only change our lives for the better, but the lives of those around us, and the world too.

In nomine Patris, et Filii et Spiritus Sancti. Amen

End of Day Prayer

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