

St Bede's Catholic School

Daily Reflections and Prayers

Theme - Hope

28th November - 2nd December 2022



The liturgical
colour is Purple.

Mission Statement

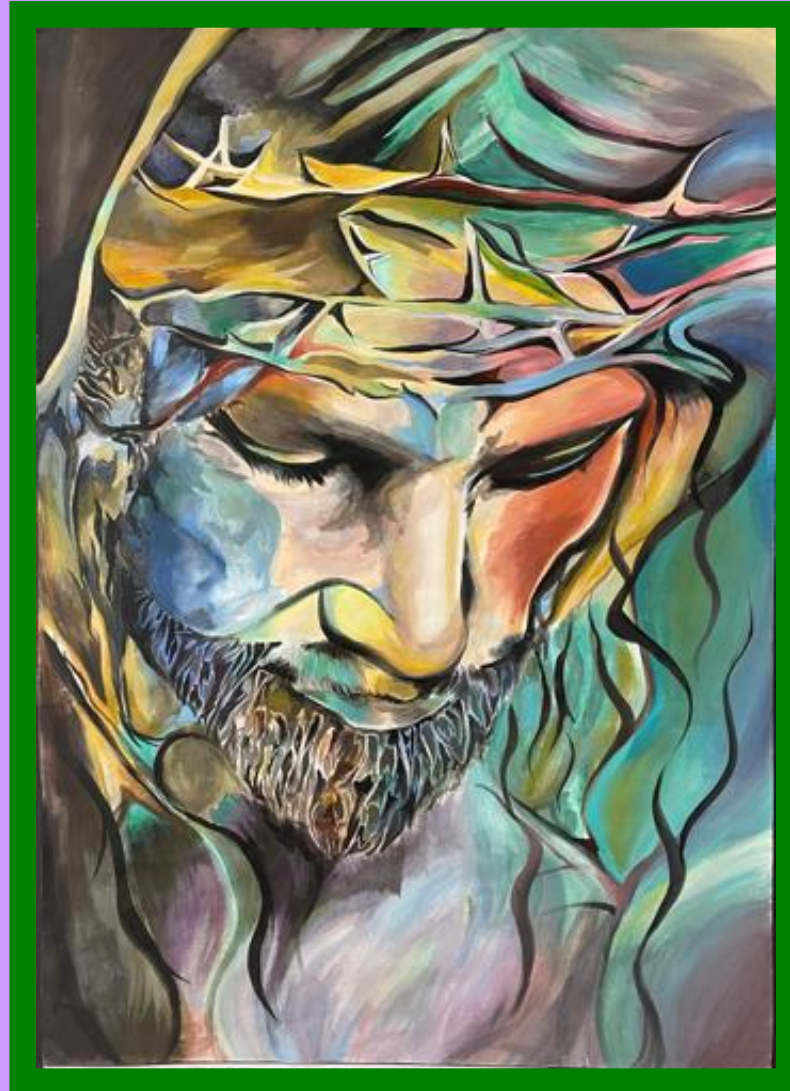
With the Lord's help, we are united in **faith**, we strive for success and **excellence**, we are **determined** to be the best that we can be.

Faith ~ Excellence ~ Determination



St. Bede's Catholic School &
Byron Sixth Form College

Monday 28th November 2022



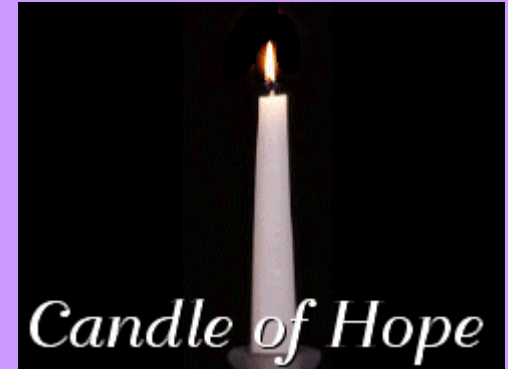
Morning Prayer

Lord, your eternal Word took flesh on our earth when the Virgin Mary placed her life at the service of your plan. Lift our minds in watchful hope to hear the voice which announces his glory and open our minds to receive the Spirit who prepares us for His coming. We ask this through Christ Our Lord.

Amen

First Sunday of Advent – Hope Candle

The first candle symbolises Hope – the anticipation of Hope in the coming of the Lord Jesus Christ.



<https://www.youtube.com/watch?v=H71l8Nyn25k>

How can you spread hope this Christmas?

Pray for peace

Smile and be patient

Give someone a heartfelt compliment

Donate to a charity that is important to you

Brighten the day for a friend in need

Show appreciation to those who help to make your life easier.

In nomine Patris, et Filii et Spiritus Sancti. Amen

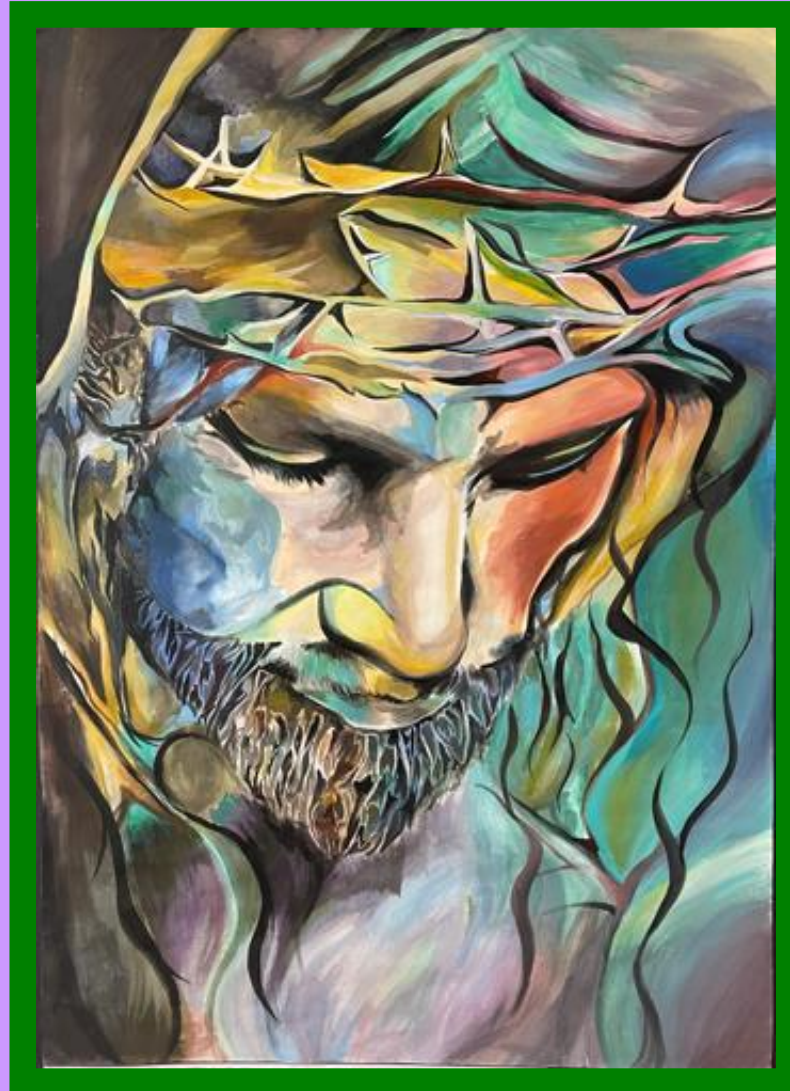
End of Day Prayer

Good Jesus,
by your loving kindness,
enable me to come to you,
the fountain of wisdom,
and to stand forever before your
face,
Amen

Signum Crucis
(The Sign of the Cross in Latin)

St Bede: Pray for us

Tuesday 29th November 2022



Morning Prayer - Gloria

Glory to God in the highest. And on earth peace to men of good will. We praise You. We bless You. We adore you. We glorify You. We give You thanks for Your great glory.

O Lord God, heavenly King, God the Father almighty. O Lord Jesus Christ, the Only-begotten Son. O Lord God, Lamb of God, Son of the Father: you Who take away the sins of the world, have mercy on us.

You Who take away the sins of the world, receive our prayer. You Who sit at the right hand of the Father, have mercy on us.

For you alone are holy. You alone are the Lord. You alone, O Jesus Christ, are most high. Together with the Holy Spirit in the glory of God the Father.

Amen.

Reading/Assembly Day



In nomine Patris, et Filii et Spiritus Sancti. Amen

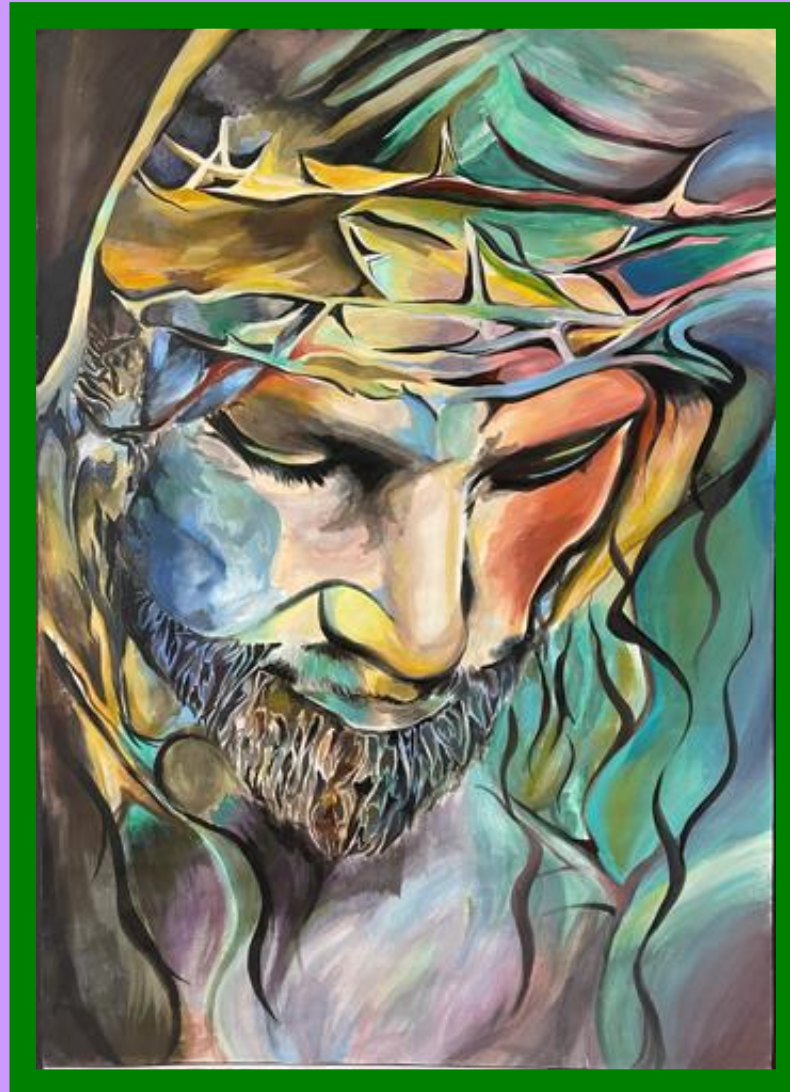
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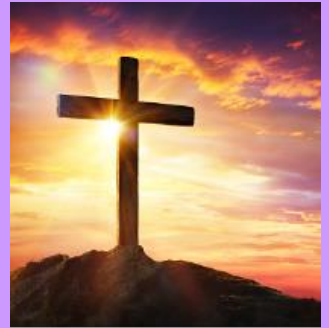
St Bede: Pray for us

Wednesday 30th November 2022



Morning Prayer – The Lord's Prayer

Our Father
Who art in Heaven
Hallowed be Thy name;
Thy Kingdom come,
Thy will be done
On earth as it is in Heaven.
Give us this day our daily bread;
and forgive us our trespasses
As we forgive those
who trespass against us;
and lead us not into temptation,
But deliver us from evil
Amen



Reading/Assembly Day



In nomine Patris, et Filii et Spiritus Sancti. Amen

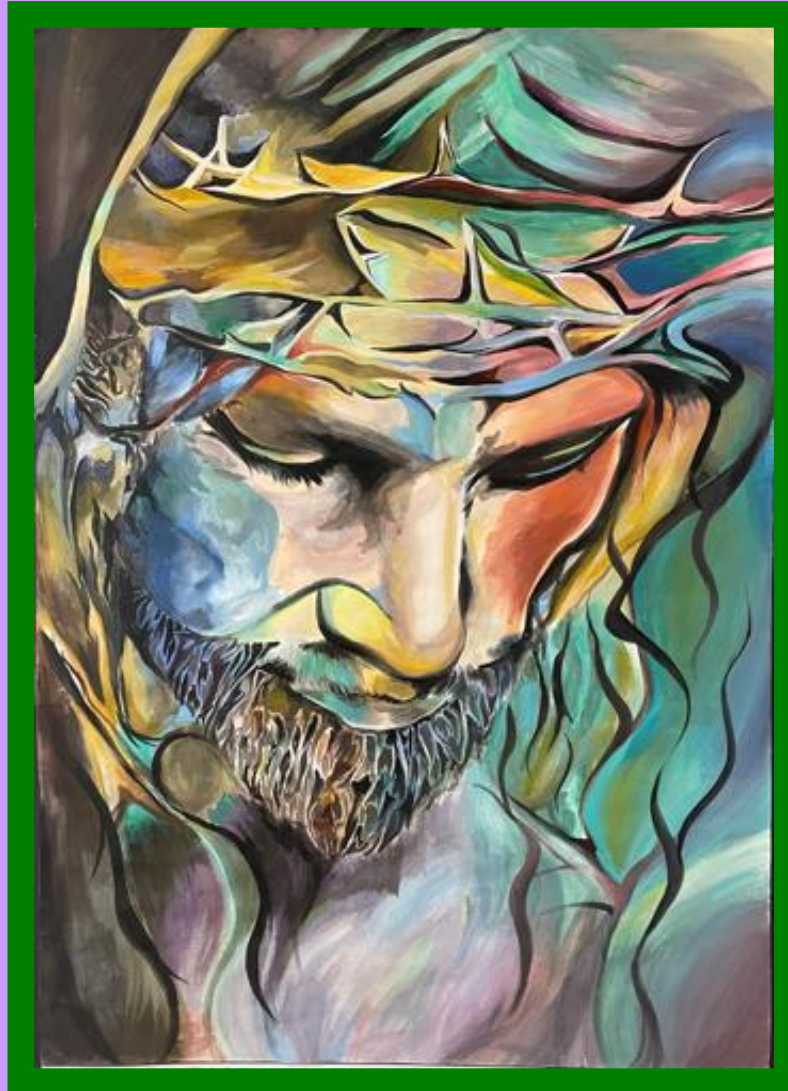
End of Day Prayer

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(The Sign of the Cross in Latin)

St Bede: Pray for us

Thursday 1st December 2022



Morning Prayer – Hail Mary

Hail Mary, full of grace,
The Lord is with thee;

Blessed art thou amongst women
And blessed is the fruit of thy womb Jesus.

Holy Mary, Mother of God,
Pray for us sinners, now
and at the hour of our death
Amen



Reading/ Assembly Day



In nomine Patris, et Filii et Spiritus Sancti. Amen

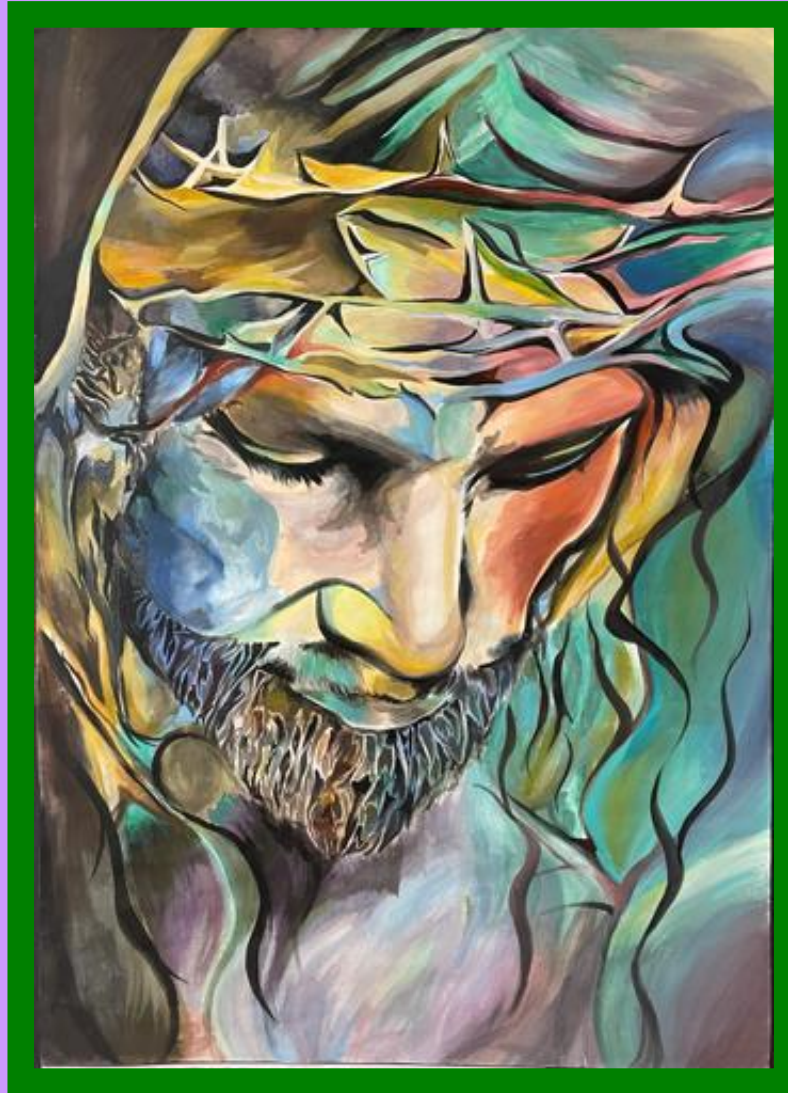
End of Day Prayer

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(The Sign of the Cross in Latin)

St Bede: Pray for us

Friday 2nd December 2022



Morning Prayer

Dear Lord,

Help me to hear you saying, 'I am your hope' over
all of the other voices.

Fill me with hope and remind me today that hope is
an unbreakable spiritual lifeline.

Amen

The Jar of Hope:

This week, think about the things that make you hopeful in these hard times. Find an empty jar and decorate it as your Jar of Hope. You could use the template on the website.

Write down the things that you are missing doing at the moment and put them in the jar. This way, once the current crisis passes, you can look in your Jar of Hope and celebrate and appreciate being able to do things again.



"All it takes is one good person to restore hope."

Pope Francis



Inspired by your
Jar of Hope?

Design a poster with
things that make you
hopeful!

Find more resources at
cafod.org.uk/primary

If you want to
share your work,
find CAFOD on
[Facebook](#) and
[Twitter](#).

In nomine Patris, et Filii et Spiritus Sancti. Amen

End of Day Prayer

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