

St Bede's Catholic School

Daily Reflections and Prayers

Theme - Peace

30th January - 3rd February 2023



The liturgical
colour is **Green**.

We are in
ORDINARY time.

Mission Statement

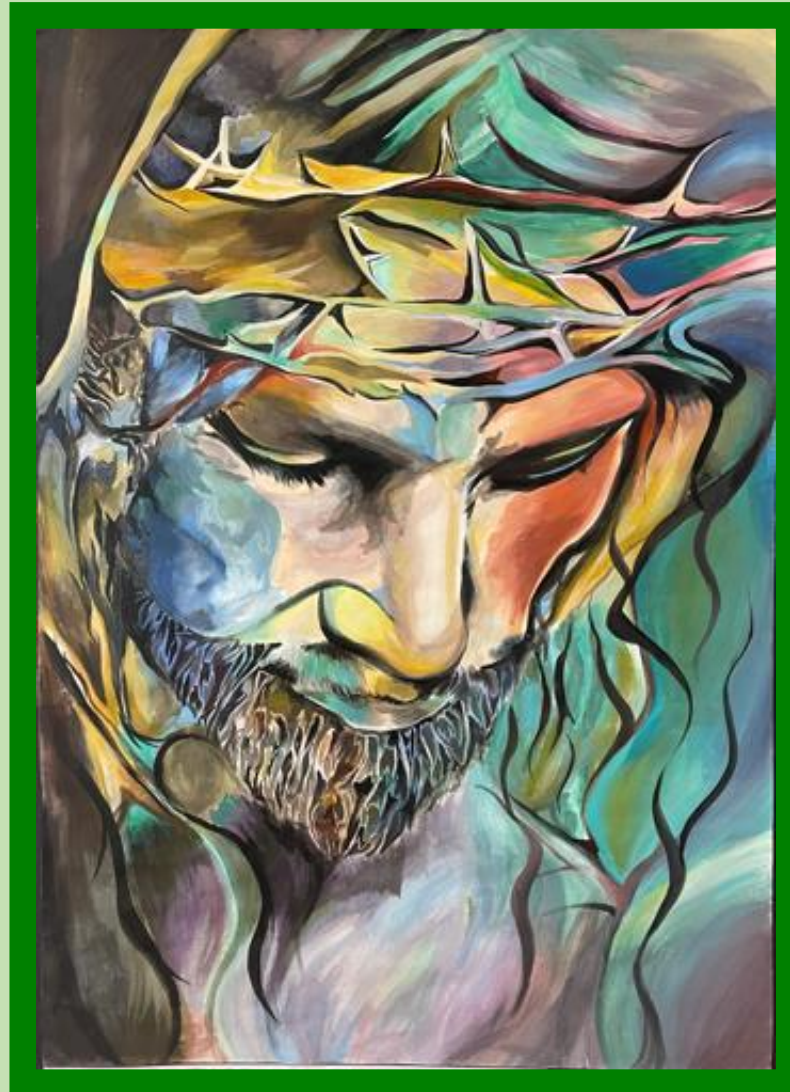
With the Lord's help, we are united in faith, we strive for success and excellence, we are determined to be the best that we can be.

Faith ~ Excellence ~ Determination



St. Bede's Catholic School &
Byron Sixth Form College

Monday 30th January 2023



Morning Prayer

Holy Spirit of Peace,
Settle deep within my heart.

Let my actions today be free from aggression
and anger.

Let my words be only ones of compassion and
caring.

Let me every breath inhale your wisdom and
exhale your grace.

In such as way, might I bear another's
burden's, if only in part, so that I become a
sacred instrument of your peace.

Amen

Peace - John 14: 27



<https://www.youtube.com/watch?v=1xh84jeGBIA>

When Jesus told his disciples that he was going to return to his Father, they were afraid. What would happen to them? Would the enemies recognise them as his followers and try to harm them?

Jesus knew that his disciples were afraid and he offered these words to comfort them. "I am leaving with a gift – peace of mind and heart. Don't be troubled or afraid. Remember what I have told you. I am going away but I will come back to you again."

These words were a great comfort to his disciples and they are a great comfort to us today. When Jesus returned to his Father in heaven. He asked the Father to send the Holy Spirit to comfort his disciples until the day when he returned. That includes you!

Jesus left us a wonderful gift, peace of mind and heart. Whenever we find ourselves in the dark or the storms of life, Jesus is with us.

In nomine Patris, et Filii et Spiritus Sancti. Amen

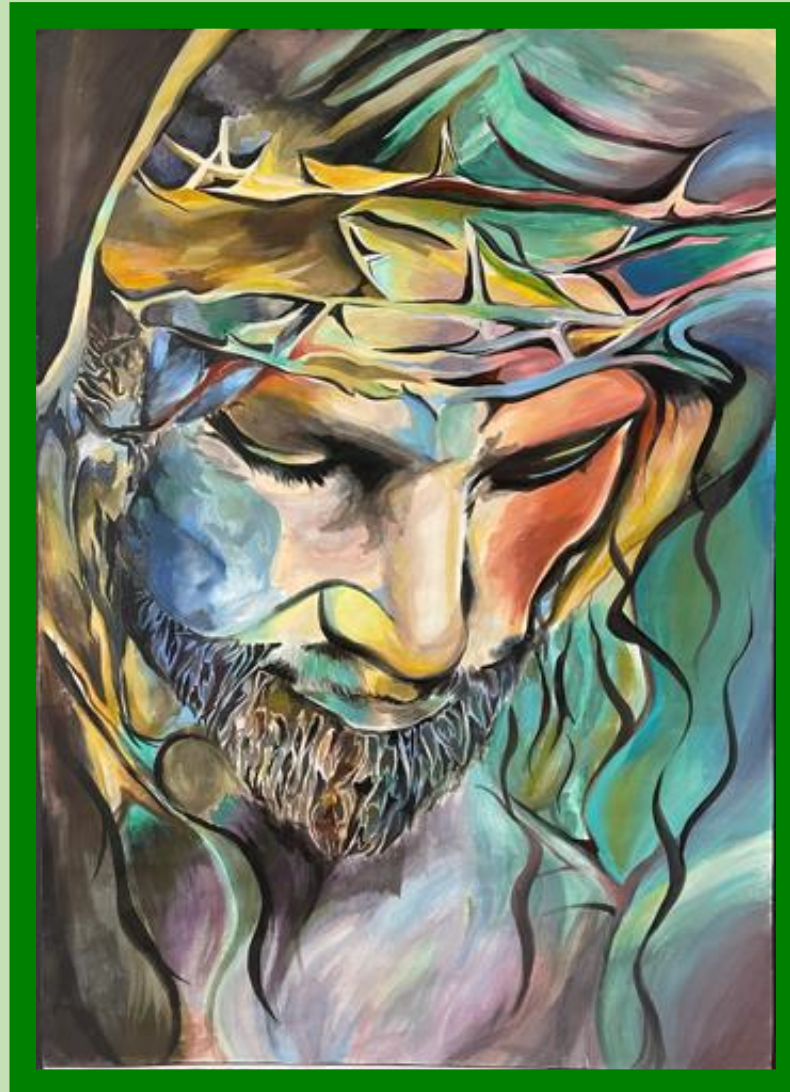
End of Day Prayer

Good Jesus,
by your loving kindness,
enable me to come to you,
the fountain of wisdom,
and to stand forever before your
face,
Amen

Signum Crucis
(The Sign of the Cross in Latin)

St Bede: Pray for us

Tuesday 31st January 2023



Morning Prayer - Gloria

Glory to God in the highest. And on earth peace to men of good will. We praise You. We bless You. We adore you. We glorify You. We give You thanks for Your great glory.

O Lord God, heavenly King, God the Father almighty. O Lord Jesus Christ, the Only-begotten Son. O Lord God, Lamb of God, Son of the Father: you Who take away the sins of the world, have mercy on us.

You Who take away the sins of the world, receive our prayer. You Who sit at the right hand of the Father, have mercy on us.

For you alone are holy. You alone are the Lord. You alone, O Jesus Christ, are most high. Together with the Holy Spirit in the glory of God the Father.

Amen.

Reading/Assembly Day



In nomine Patris, et Filii et Spiritus Sancti. Amen

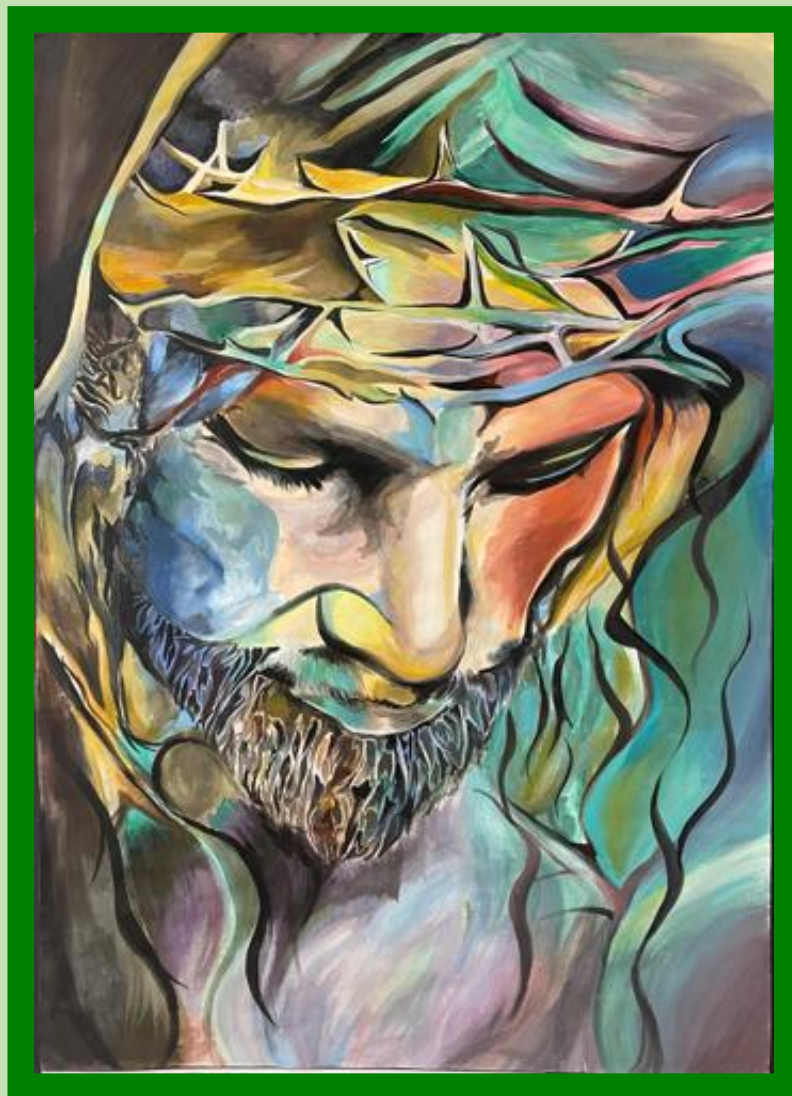
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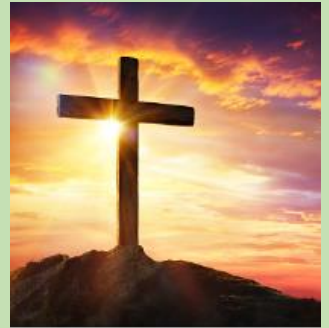
St Bede: Pray for us

Wednesday 1st February 2023



Morning Prayer – The Lord's Prayer

Our Father
Who art in Heaven
Hallowed be Thy name;
Thy Kingdom come,
Thy will be done
On earth as it is in Heaven.
Give us this day our daily bread;
and forgive us our trespasses
As we forgive those
who trespass against us;
and lead us not into temptation,
But deliver us from evil
Amen



Reading/Assembly Day



In nomine Patris, et Filii et Spiritus Sancti. Amen

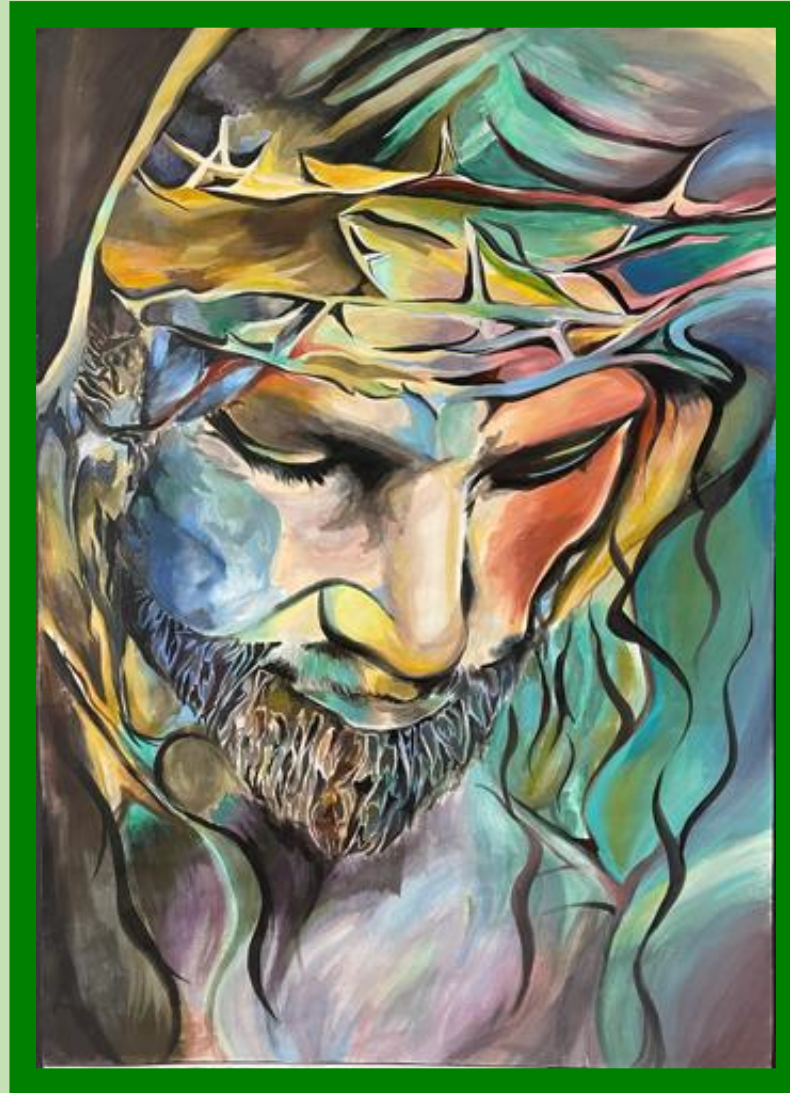
End of Day Prayer

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enable me to come to you,
the fountain of wisdom,
and to stand forever before your
face,
Amen

Signum Crucis
(The Sign of the Cross in Latin)

St Bede: Pray for us

Thursday 2nd February 2023



Morning Prayer – Hail Mary

Hail Mary, full of grace,
The Lord is with thee;

Blessed art thou amongst women
And blessed is the fruit of thy womb Jesus.

Holy Mary, Mother of God,
Pray for us sinners, now
and at the hour of our death
Amen



Reading/ Assembly Day



In nomine Patris, et Filii et Spiritus Sancti. Amen

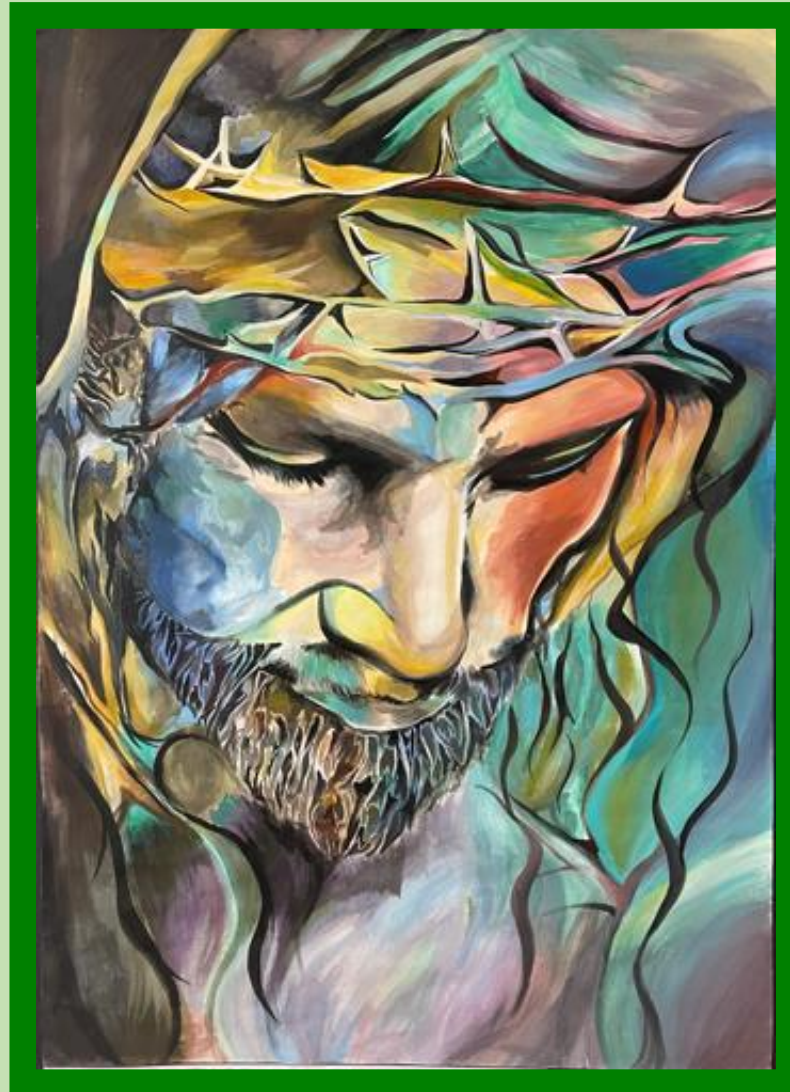
End of Day Prayer

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Amen

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(The Sign of the Cross in Latin)

St Bede: Pray for us

Friday 3rd February 2023



Morning Prayer - Peace

Lord, we ask you to give us all peace in our mind,
body, soul and spirit.

We want you to heal and remove everything that is
causing stress, grief and sorrow in our lives.

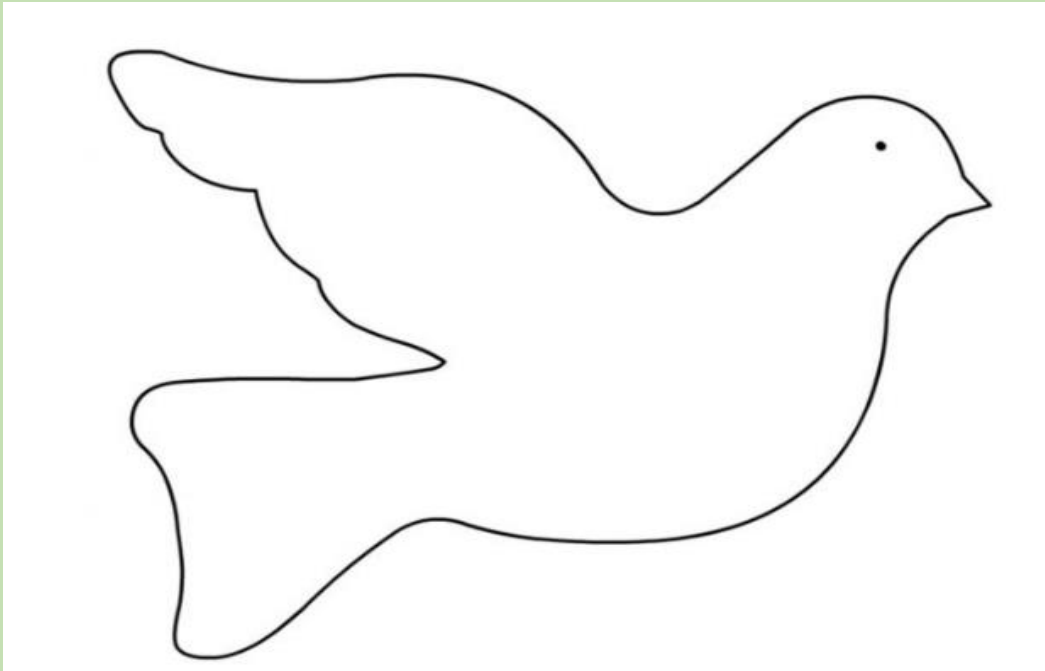
Please guide our path through life and make our
enemies be at peace with us.

Amen

What is peace?

When we find what makes us peaceful, we can begin to influence those around us in a positive way and react to situation calmly and with an open mind.

We can help peace in our community by calming situation instead of getting into arguments; by listening to each other and by trying to see things from someone else's point of view.



What is peace to you?

Write a short sentence
on the dove.

Colour in the dove when
you have done this.

In nomine Patris, et Filii et Spiritus Sancti. Amen

End of Day Prayer

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enable me to come to you,
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Amen

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