## St Bede's Catholic School & Byron Sixth Form College

**Headteacher: Mrs F Cessford** 

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'Be who God meant you to be and you will set the world ablaze'

07/04/2025

Dear Parent/Guardian,



Tomorrow, our Year 12 and 13 students will receive an assembly from the Alice Ruggles Trust on the subject of relationship safety, specifically recognising and responding to stalking.

The Alice Ruggles Trust was set up in memory of Alice, who is from the Leicestershire area, after a campaign of controlling behaviour and stalking led to her tragic murder. Her story is used to raise awareness amongst young people, to teach them about the risks associated with stalking, and to empower them with the knowledge to seek help and report it.

We are aware that this is a difficult topic, but it is one that is vitally important to address. According to the Crime Survey of England and Wales 220,000 young people aged 16-19 experienced stalking in 2020. As a school we are committed to supporting our students in developing healthy attitudes to relationships and supporting their emotional well-being.

The assembly will be taking place on the 8th April 2025 and will cover:

- Stalking behaviours,
- What to do if you are being stalked,
- How to help a friend who is being stalked.

Any student who is affected by the contents of the assembly will be directed to speak to Mrs Huddleston-Scutt or Mrs Robinson.

You can find out more about the Alice Ruggles Trust on their website: https://www.alicerugglestrust.org/

If you have any questions or queries please do not hesitate to get in contact with Mrs Robinson. Kind regards,

Mrs T Robinson Assistant Headteacher